

Run for autism 'Join My Team' template

Hi,

Have you heard? I have created a team for the Run for autism challenge and I can't see your name in my team yet – come join me! It would be great to have you involved.

We are running Sunday 1st - 8th of November.

Whether you are a seasoned runner, new to running, or just simply need a new challenge - get fit and healthy with us and change lives one kilometre at a time. Sign up and take on the Run for autism challenge with us!

You can run it in a day, or across 8 days – however you choose. Run for autism is a challenge where you set your own pace at a time convenient for you!

Signing up is easy

1. Just click on the link below and select 'Join Us':

[Insert your team fundraising page link here]

2. Choose your challenge - go solo or create a team

- 10KM
- Half Marathon
- Marathon
- Choose your own KM goal

3. Personalise your fundraising page and start tracking your KMs

4. Share your page and get your network to support you!

I'm really proud to be running to help achieve our goals and make a difference - and I hope you can join our team!

Together, we will help provide the best opportunities for people of all ages on the autism spectrum so they can participate, engage and thrive in the world around them.

[Insert First Name]